

# CENTRAL NEIGHBOURHOOD HOUSE- 349 Ontario Street, Toronto, ON, M5A 2V8

## Program Calendar - September 2018

Community Development (in black) **Kidz Klub** (in green) **Women's Programs** (in red) **Girls Programs** (in purple) **Boys Program** (in orange) **Youth Programs** (in blue)



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>30</b> 3-5 GEMS- Baking Friendship Cake 2:30- 4:30 Hockey Club 4:45-8:30 Social and Recreational Club						<b>September 1</b> 1:30-3 pm Girls Social and Recreational Program <b>3-5 Transformation Club Challenge Night</b> 6-8:30 pm Social and Recreational Club
<b>2</b> 3-5 GEMS- Back to School bake off 2:30- 4:30 Hockey Club 4:45-8:30 Social and Recreational Club	<b>3 Labour Day</b>  CNH Closed	<b>4</b> <b>Community Garden</b> Regent Park 10 <b>Kidz Klub</b> 3-6 pm Icebreakers	<b>5</b> Voicemail 12:30-3:30 pm <b>Community Garden</b> Allen Garden 10-11:30 <b>Kidz Klub</b> 3-6 pm Origami Line Dancing 7-9:30 pm	<b>6</b> <b>Women's Club</b> 1-3 pm Mandarin 10-12 pm East Africa, Tamil, Bengali <b>Kidz Klub</b> 3-6 pm Jeopardy Children's Choir 6:30-7:45	<b>7</b> <b>Community Garden</b> Winchester Square 4-5:3 <b>Kidz Klub</b> 3-6 pm Switch <b>Boyz 2 Men</b> 6-8:30 pm Check in/ basketball and snacks	<b>8 St. James Town and Cabbage Town Festival</b> 1:30-3 pm Girls Social and Recreational Program <b>3-5 Transformation Club Hockey and Soccer</b> 6-8:30 Recreational Club
<b>9 Cabbage Town Festival</b> 3-5 GEMS- School Survival 2:30- 4:30 Hockey Club 4:45- 8:30 Social and Recreational Club- Basketball Tournament	<b>10</b> <b>Women's Club</b> 1-3 pm Yoga at St. James Town <b>Kidz Klub</b> 3-6 pm Bench ball Voicemail 12:30-3:30 pm	<b>11</b> <b>Women's Club</b> 1-3 pm English Conversation <b>Kidz Klub</b> 3-6 pm Multipurpose Room Banner <b>Community Garden</b> Regent Park 10	<b>12</b> Voicemail 12:30-3:30 <b>Community Garden</b> Allen Garden 10-11:30 <b>Kidz Klub</b> 3-6 Kidz Council Line Dancing 7-9:30 pm	<b>13</b> <b>Women's Club</b> 1-3 pm Tai Chi <b>Kidz Klub</b> 3-6 pm Family Feud Children's Choir 6:30-7:45	<b>14</b> <b>Community Garden</b> Winchester Square 4-5:30 <b>Kidz Klub</b> 3-6 pm Movie <b>Boyz 2 Men</b> 6-8:30 pm Basketball and snacks	<b>15</b> 1:30-3 pm Girls Social/Recreational <b>3-5 Transformation Club Swimming</b> 6-8:30 pm Social and Recreational Club
<b>16</b> 3-5 GEMS- Movie Day and Popcorn 2:30- 4:30 Hockey Club 4:45- 8:30 Social and Recreational Club	<b>17</b> <b>Women's Club</b> 1-3 pm Yoga at St. James Town <b>Kidz Klub</b> 3-6 pm Fitness Relay Voicemail 12:30-3:30 pm	<b>18</b> <b>Women's Club</b> 1-3 pm English Conversation <b>Kidz Klub</b> 3-6 pm Ooble Fun <b>Community Garden</b> Regent Park 10-	<b>19</b> Voicemail 12:30-3:30 pm <b>Community Garden</b> <b>Kidz Klub</b> 3-6 pm Kidz Council Line Dancing 7-9:30 pm	<b>20</b> <b>Women's Club</b> 1-3 pm Mandarin 10-12 pm East Africa, Tamil, <b>Kidz Klub</b> 3-6 pm Fidget Spinner Word Find Children's Choir 6:30-7:45	<b>21</b> <b>Community Garden</b> Winchester Square 4-5:30 <b>Kidz Klub</b> 3-6 pm Switch <b>Boyz 2 Men</b> 6-8:30 pm Basketball and snacks	<b>22</b> 1:30-3 pm Girls Social/Recreational <b>3-5 Transformation Club Movie Day and Popcorn</b> 6-8:30 pm Social and Recreational Club
<b>23 Community Fall Fair at Metropolitan United Church</b> 3-5 GEMS-Build and maintain friendships 2:30- 4:30 Hockey Club 4:45-8:30 Social and Recreational Club	<b>24</b> <b>Women's Club</b> 1-3 pm Yoga at St. James Town <b>Kidz Klub</b> 3-6 pm Ultimate Frisbee Voicemail 12:30-3:30 pm	<b>25</b> <b>Women's Club</b> 1-3 pm English Conversation <b>Kidz Klub</b> 3-6 pm Sun catchers & Recycling Art <b>Community Garden</b> Regent Park 10-12	<b>26</b> Voicemail 12:30-3:30 pm <b>Community Garden</b> Allen Garden 10-11:30 <b>Kidz Klub</b> 3-6 pm Kidz Council Line Dancing 7-9:30 pm	<b>27</b> <b>Women's Club</b> 1-3 pm Tai Chi <b>Kidz Klub</b> 3-6 pm Reading Circle Children's Choir 6:30-7:45	<b>28</b> <b>Community Garden</b> Winchester Square 4-5:30 <b>Kidz Klub</b> 3-6 pm Movie <b>Boyz 2 Men</b> 6-8:30 pm Basketball and snacks	<b>29</b> 1:30-3 pm Girls Social/Recreational <b>3-5 Transformation Club Nature Centre High Park</b> 6-8:30 pm Social and Recreational Club

## YOUTH PROGRAMS

Workshops on employability, arts leadership, recreation, skill building, and fun!

### **GEMS Girls Empowered for More Success!** with Chantelle

Girls and Young Women sports, leadership, arts and social activities include arts, homework, games, outings and discussion girls contact Chantelle at [ctargette@cnh.on.ca](mailto:ctargette@cnh.on.ca) or DROP IN!

**Girls Social and Sport Program Saturdays 1:30-3 pm** ages 13 to 24

contact Chantelle, Children and Youth Weekend Program Coordinator,

[ctargette@cnh.on.ca](mailto:ctargette@cnh.on.ca)

Or DROP IN to register



### **Co-ed KIDZ Recreation**

**Transformation Club!** for 10 to 13 year olds! Saturdays from 3 pm to 5 pm with Amber and Chantelle

For **YOUTH** programming contact Chantelle, Youth Weekend Program Coordinator,

[ctargette@cnh.on.ca](mailto:ctargette@cnh.on.ca)

Or DROP IN to register

**Drop In BASKETBALL games and Table Tennis:** Saturday and Sunday from 4:30 to 8:30 pm\*\*\* when there are no other programs scheduled in the gym or field trips planned



### **BOYZ 2 MEN Club**

Mentoring, recreation, cooking and leadership!

**BOYZ 2 MEN Seniors 6 to 8 pm** Friday evenings for ages 15 to 17 with Chantelle and Amber  
**B2M STEP UP! THURSDAYS 6 to 8 pm** with Gabe for ages 13 to 14.



## KIDZ KLUB

A free **Afterschool Program KIDZ KLUB** 3 to 6pm each weekday. Homework support, literacy, physical and social recreation activities, as well as snacks to the after school crowd. This program helps children foster positive relationships with their peers, and best of all-IT'S FUN! By registration only (no drop-in).



To register for Kidz Klub or Tutoring contact Franny, Program Coordinator 416-925-4363 x101, cell 416-797-5043 [fclement@cnh.on.ca](mailto:fclement@cnh.on.ca)

### **Toronto Choral Society Children's Choir**

Encourage and enrich the musical interests of children by providing a community choir experience in which they can learn, perform and develop a life long love of singing- Thursday 6:30-7:45 pm at CNH. For more details contact: Sarah Parker at +1 321-421-9799 [tcsc@torontochoralsociety.org](mailto:tcsc@torontochoralsociety.org)

**CHESS Club** come sharpen your strategic game skills!

### **Peer Led Floor HOCKEY Club**

Sundays from 2:30 to 4:30 pm

Our **WOMEN'S CLUB** provides language-specific workshops in the Bengali, Tamil, Mandarin, Somali and Swahili and Focus on community engagement, employment, parenting skills, ending violence, and navigating Canadian systems. For more information about **Women's Programs** please contact Safia, Women's Program Coordinator 416-925-4363 ext. 120 or [shirsi@cnh.on.ca](mailto:shirsi@cnh.on.ca)

## COMMUNITY DEVELOPMENT

Our **Community VOICEMAIL** Project is an alternative way for people to stay connected to their contacts. **Registration:** Mondays and Wednesdays from 12:30 to 3:30 at CNH. For more information contact: Suchana at [spandey@cnh.on.ca](mailto:spandey@cnh.on.ca)

Join us at our **Community Gardening programs** at Winchester Square Park, Allen Gardens and Regent Park. We will tend to our gardens and share food that we grow from our community garden plots in the neighbourhood. It's a great way to meet new friends! For more information contact: Suchana at [spandey@cnh.on.ca](mailto:spandey@cnh.on.ca)

**LINE DANCING** Toronto Wranglers. Workshop Mondays and Wednesdays 7-9:30 pm the first hour beginner instruction followed by an hour of improver and intermediate level dances along with open dancing. \*\*\*Drop-in fee of \$5.00 per class. Doors are only open from 6:45-7:30 pm [www.torontowranglers.com](http://www.torontowranglers.com)

**EMPLOYMENT SERVICES** Employment counselling, résumé writing and interview preparation; access to exclusive hiring fairs. Contact Long Wu [lwu@neighbourhoodlink.org](mailto:lwu@neighbourhoodlink.org) at 416-691-7407 ext.323 to make an appointment.