

# CENTRAL NEIGHBOURHOOD HOUSE- 349 Ontario Street, Toronto, ON, M5A 2V8

## Program Calendar - October 2018

Community Development (in black) Kidz Klub (in green) Women's Programs (in red) Girls Programs (in purple) Boys Program (in orange) Youth Programs (in blue)



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>October 1</b> <b>Women's Club 1-3 pm</b> Yoga at St. James Town <b>Kidz Klub 3-6 pm Euro</b> H-Ball Voicemail 12:30-3:30 pm	<b>2 Women's Club 1-3 pm</b> English Conversation <b>Kidz Klub 3-6 pm Egg</b> Glide <b>Community Garden</b> Regent Park 10-11 <b>Jr GEMS Crayon and</b> Water color Art	<b>3</b> Voicemail 12:30-3:30 pm <b>Community Garden</b> Allen Garden 10-11:30 <b>Kidz Klub 3-6 pm Kidz</b> Council Line Dancing 7-9:30 pm	<b>4 Civic Engagement and</b> <b>Pop up voting workshop</b> <b>Women's Club 1-3 pm</b> Mandarin 10-12 pm East Africa, Tamil, Bengali <b>Kidz Klub 3-6 pm HQ Trivia</b> <b>Children's Choir 6:30-7:45</b> <b>Step Up MLSE Lunch</b>	<b>5</b> <b>Community Garden</b> Winchester Square 4-5:3 <b>Kidz Klub 3-6 pm PA Day</b> <b>Boyz 2 Men 6-8:30 pm</b> <b>Health Meal Plan</b>	<b>6</b> 1:30-3 pm Girls Social and Recreational Program <b>3-5 Transformation Club</b> <b>Thanksgiving Craft</b> 6-8:30 pm Social and Recreational Club
<b>7</b> 2:30- 4:30 Hockey Club 4:45-8:30 Social and Recreational Club	<b>8 Thanksgiving Day</b>  <b>CNH Closed</b>	<b>9 Women's Club 1-3 pm</b> English Conversation <b>Kidz Klub 3-6 Popsicle</b> Bridge <b>Community Garden</b> Regent Park 10-11 <b>Jr GEMS Conflict</b> Resolution Workshop	<b>10</b> Voicemail 12:30-3:30 pm <b>Community Garden</b> Allen Garden 10-11:30 <b>Kidz Klub 3-6 pm Kidz</b> Council Line Dancing 7-9:30 pm	<b>11</b> <b>Women's Club 1-3 pm</b> Tai Chi <b>Kidz Klub 3-6 pm Book</b> Bank/Literacy Contest <b>Children's Choir 6:30-7:45</b> <b>Step Up Cooking/Sports</b>	<b>12</b> <b>Community Garden</b> Winchester Square 4-5:3 <b>Kidz Klub 3-6 pm Movie</b> Day <b>Boyz 2 Men 6-8:30 pm</b> Snacks and Basketball	<b>13</b> 1:30-3 pm Girls Social and Recreational Program <b>3-5 Transformation Club</b> <b>Baking/Hockey</b> 6-8:30 Recreational Club
<b>14</b> 2:30- 4:30 Hockey Club 4:45- 8:30 Social and Recreational Club-	<b>15</b> <b>Women's Club 1-3 pm</b> Yoga at St. James Town <b>Kidz Klub 3-6 pm Ultimate</b> Tic Tac Toe Voicemail 12:30-3:30 pm Line Dancing 7-9:30 pm	<b>16 All Candidates Meeting</b> <b>Women's Club 1-3 pm</b> English Conversation <b>Kidz Klub 3-6 pm</b> Cardboard Roller coaster <b>Community Garden</b> Regent Park 10-11 <b>Jr GEMS Flower Painting</b>	<b>17 Farm Trip to</b> <b>Chickabiddy Acre</b> Voicemail 12:30-3:30 <b>Community Garden</b> Allen Garden 10-11:30 <b>Kidz Klub 3-6 pm Kidz</b> Council Line Dancing 7-9:30 pm	<b>18 Women's Club 1-3 pm</b> Mandarin 10-12 pm East Africa, Tamil, Bengali <b>Kidz Klub 3-6 pm Junior</b> Journalism <b>Step Up Peer Led</b> Activities <b>Children's Choir 6:30-7:45</b>	<b>19</b> <b>Community Garden</b> Winchester Square 4-5:30 <b>Kidz Klub 3-6 pm</b> Meridian Arcade Day <b>Boyz 2 Men 6-8:30 pm</b> How to plan and event	<b>20 1-3 pm STEPS</b> Photography Workshop 1:30-3 pm Girls Social/Recreational <b>3-5 Transformation Club</b> <b>Dodgeball and Cooking</b> 6-8:30 pm Social and Recreational Club
<b>21</b> 2:30- 4:30 Hockey Club 4:45- 8:30 Social and Recreational Club	<b>22 Municipal Election Day</b> <b>Women's Club 1-3 pm</b> Yoga at St. James Town <b>Kidz Klub 3-6 pm Baking</b> Voicemail 12:30-3:30 pm Line Dancing 7-9:30 pm	<b>23 Tamil Teens Workshop</b> <b>Women's Club 1-3 pm</b> English Conversation <b>Kidz Klub 3-6 pm Tower</b> Building <b>Community Garden</b> Regent Park 10-11 <b>Jr GEMS Movie Night</b>	<b>24</b> Voicemail 12:30-3:30 pm <b>Community Garden</b> <b>Kidz Klub 3-6 pm Kidz</b> Council Line Dancing 7-9:30 pm	<b>25</b> <b>Women's Club 1-3 pm</b> Tai Chi <b>Kidz Klub 3-6 pm Junior</b> Journalism <b>Step Up Workshop</b> <b>Children's Choir 6:30-7:45</b>	<b>26</b> <b>Community Garden</b> Winchester Square 4-5:30 <b>Kidz Klub 3-6 pm Movie</b> Day <b>Boyz 2 Men 6-8:30 pm</b> Hockey and Snacks	<b>27 1-3 pm STEPS</b> Photography Workshop 1:30-3 pm Girls Social/Recreational <b>3-5 Transformation Club</b> <b>Halloween Spook</b> 6-8:30 pm Social and Recreational Club
<b>28</b> <b>Homeless Connect Event</b> 2:30- 4:30 Hockey Club 4:45-8:30 Social and Recreational Club	<b>29</b> <b>Women's Club 1-3 pm</b> Yoga at St. James Town <b>Kidz Klub 3-6 pm</b> Halloween Art Voicemail 12:30-3:30 pm Line Dancing 7-9:30 pm	<b>30 Women's Club 1-3 pm</b> English Conversation <b>Kidz Klub 3-6 pm Math</b> Club <b>Community Garden</b> Regent Park 10-12 <b>Jr GEMS Custom Canvas</b>	<b>31</b> Voicemail 12:30-3:30 pm <b>Community Garden</b> Allen Garden 10-11:30 <b>Kidz Klub 3-6 pm Kidz</b> Council Line Dancing 7-9:30 pm	Nov1 	Nov2 	<b>3</b>  NEIGHBOURHOODS WORKING TOGETHER

## YOUTH PROGRAMS

Workshops on employability, arts leadership, recreation, skill building, and fun!

### **GEMS Girls Empowered for More Success!** with Chantelle

Girls and Young Women sports, leadership, arts and social activities include arts, homework, games, outings and discussion girls contact Chantelle at

[ctargette@cnh.on.ca](mailto:ctargette@cnh.on.ca) or DROP IN!

**Girls Social and Sport Program Saturdays 1:30-3** ages 13-24 contact Chantelle, Children and Youth Weekend Program Coordinator,

[ctargette@cnh.on.ca](mailto:ctargette@cnh.on.ca)

Or DROP IN to register



**Co-ed KIDZ Recreation Transformation Club!** for 10 to 13 year olds! Saturdays from 3 pm to 5 pm with Amber and Chantelle

For YOUTH programming contact Chantelle, Youth Weekend Program Coordinator,

[ctargette@cnh.on.ca](mailto:ctargette@cnh.on.ca)

Or DROP IN to register

**Drop In BASKETBALL games and Table Tennis:** Saturday and Sunday from 4:30 to 8:30 pm\*\*\* when there are no other programs scheduled in the gym or field trips planned



### **BOYZ 2 MEN Club**

Mentoring, recreation, cooking and leadership!

**BOYZ 2 MEN Seniors 6 to 8 pm** Friday evenings for ages 15 to 17 with Chantelle and Amber  
**B2M STEP UP! THURSDAYS 6 to 8 pm** with Gabe for ages 13 to 14.



**FIRST FIRE DANCE** Juniors (ages 7-12) and Seniors (ages 13-18) program now at The Citadel! Tuesday/Thursdays 4 to 7 pm contact Dana [akwego@councilfire.ca](mailto:akwego@councilfire.ca)



## KIDZ KLUB

A free **Afterschool Program KIDZ KLUB** 3 to 6pm each weekday. Homework support, literacy, physical and social recreation activities, as well as snacks to the after school crowd. This program helps children foster positive relationships with their peers, and best of all-IT'S FUN! By registration only (no drop-in).



To register for Kidz Klub or Tutoring contact Franny, Program Coordinator 416-925-4363 x101, cell 416-797-5043 [fclement@cnh.on.ca](mailto:fclement@cnh.on.ca)

### **Toronto Choral Society Children's Choir**

Encourage and enrich the musical interests of children by providing a community choir experience in which they can learn, perform and develop a life long love of singing- Thursday 6:30-7:45 pm at CNH. For more details contact: Sarah Parker at +1 321-421-9799 [tcsc@torontochoralsociety.org](mailto:tcsc@torontochoralsociety.org)

**CHESS Club** come sharpen your strategic game skills!

**Peer Led Floor HOCKEY Club** Sundays from 2:30 to 4:30 pm

Our **WOMEN'S CLUB** provides language-specific workshops in the Bengali, Tamil, Mandarin, Somali and Swahili and Focus on community engagement, employment, parenting skills, ending violence, and navigating Canadian systems. For more information about **Women's Programs** please contact Safia, Women's Program Coordinator 416-925-4363 ext. 120 or [shirsi@cnh.on.ca](mailto:shirsi@cnh.on.ca)

### **COMMUNITY DEVELOPMENT**

Our **Community VOICEMAIL** Project is an alternative way for people to stay connected to their contacts. **Registration:** Mondays and Wednesdays from 12:30 to 3:30 at CNH. For more information contact: Suchana at [spandey@cnh.on.ca](mailto:spandey@cnh.on.ca)

### **TORONTO MUNICIPAL ELECTION, 22 OCTOBER 2018**

Toronto municipal election is going to happen on October 22, 2018, to elect a mayor, city councillors and School Trustee in Toronto, Ontario. We would like to encourage our community members to come out for voting. For more information visit at [www.toronto.ca/elections](http://www.toronto.ca/elections)

### **FARM TRIP TO CHICK A BIDDY**

CNH is planning a Farm Trip to Chick a biddy Acres on October 17, 2018. Chick a biddy Acres operates on a 72 acre farm near Peterborough, in the beautiful Trent Hills. The area is largely free of big scale mono- crop farming which ensures clear and relatively pesticide free surroundings. We will get a tour of the farm, have meal together on the farm and enjoy so if you are interested please contact Suchana for registration at 416 925 4363 Ext. 103 or [spandey@cnh.on.ca](mailto:spandey@cnh.on.ca)

**LINE DANCING** Toronto Wranglers. Workshop Mondays and Wednesdays 7-9:30 pm the first hour beginner instruction followed by an hour of improver and intermediate level dances along with open dancing. \*\*\*Drop-in fee of \$5.00 per class. Doors are only open from 6:45-7:30 pm [www.torontowranglers.com](http://www.torontowranglers.com)

**EMPLOYMENT SERVICES** Employment counselling, resumé writing and interview preparation; access to exclusive hiring fairs. Contact Long Wu [lwu@neighbourhoodlink.org](mailto:lwu@neighbourhoodlink.org) at 416-691-7407 ext.323 to make an appointment.