

CENTRAL NEIGHBOURHOOD HOUSE

Program Calendar - **March 2019**

349 Ontario Street, Toronto, ON, M5A 2V8 www.theneighbourhoodgroup.org



Community Development (in black) **Children's** (in green) **Women's Programs** (in red) **Girl's Programs** (in purple) **Youth Programs** (in blue) **Boy's** (in brown)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>31 2:30- 4:30 Hockey Club</p> <p>4:45-8:30 Social and Recreational Club</p>	<p>Join us on March 9th, 2019 to celebrate IWD!! Free Breakfast, Door Prizes, Rally and Women's Day March</p>				<p>1Kidz Klub 3-6 pm Movie/ Meridian Arcade Day 6-8:30 – Youth Social Space and Between The Lines</p> <p>TORONTO Wranglers Fundraiser! Dance to send a kid to Camp!</p>	<p>2 1:30-3 Girls Social and Recreational Program 3-6 Transformation Outing 6-8:30 Social and Recreational Club</p> <p>TORONTO Wranglers Fundraiser! Dance to send a kid to Camp!</p>
<p>3 2:30- 4:30 Hockey Club</p> <p>4:45-8:30 Social and Recreational Club</p>	<p>4Women's Club 1-3 pm Yoga at St. James Town Sports and Challengers – 3:30-5:30pm Voicemail 12:30-3:30 pm Line Dancing 7-9:30 pm</p>	<p>5 Women's Club 1-3 English Conversation Boxing and Cooking – 3:30-5:30pm Jr GEMS – Self Love workshop First Fire Dance 4-7 pm at The Citadel</p>	<p>6 Women's Club 1-3 Parenting Teens Workshops Voicemail 12:30-3:30 pm Sports and Challengers – 3:30-5:30pm Line Dancing 7-9:30</p>	<p>7 Women's Club Mandarin 10-12,1-3 East Africa, Tamil, Bengali Boxing and Cooking – 3:30-5:30pm GEMS 6-8 Mental Health Step Up – Team Building First Fire Dance 4-7 pm</p>	<p>8 Happy International Women's Day!!! Freestyle Fridays 3:30-5:30 pm 6-8:30 – Youth Social Space and Between The Lines</p>	<p>9 Balance For Better – IWD 9-12noon 1:30-3 Girls Social and Recreational Program 3-6Transformation-Workshop/Snacks 6-8:30 Social and Recreational Club</p>
<p>10 2:30- 4:30 Hockey Club</p> <p>4:45- 8:30 Social and Recreational Club</p>	<p>11 Women's Club 1-3 Yoga at St. James Town March Break Camp Voicemail 12:30-3:30 Line Dancing 7-9:30 pm</p>	<p>12Women's Club 1-3 English Conversation March Break Camp Jr GEMS –Yoga First Fire Dance 4-7 pm at The Citadel</p>	<p>13Women's Club 1-3 pm Parenting Teens Workshops Voicemail 12:30-3:30 March Break Camp Line Dancing 7-9:30</p>	<p>14 Women's Club 1-3 Tai Chi March Break Camp Step Up- Minute Activity GEMS-Basketball Tournament First Fire Dance 4-7 pm</p>	<p>15 March Break camp 6-8:30 – Youth Social Space and Between The Lines</p>	<p>16 1:30-3 Girls Social/Recreational 3-6 Transformation Club Sports/Snacks 6-8:30 Social and Recreational Club</p>
<p>17 2:30- 4:30 Hockey Club</p> <p>4:45- 8:30 Social and Recreational Club</p>	<p>18 Women's Club 1-3 Yoga at St. James Town Sports and Challengers – 3:30-5:30pm Voicemail 12:30-3:30 Line Dancing 7-9:30 pm</p>	<p>19 Women's Club 1-3 English Conversation Boxing and Cooking – 3:30-5:30pm Jr GEMS –Spa Day First Fire Dance 4-7 pm at The Citadel</p>	<p>20 Women's Club 1-3 pm Parenting Teens Workshops Voicemail 12:30-3:30 Sports and Challengers – 3:30-5:30pm Line Dancing 7-9:30</p>	<p>21 Women's Club Mandarin 10-12 pm 1-3 East Africa, Tamil, Bengali Boxing and Cooking –3:30-5:30pm Step Up –Workshop GEMS- Yoga First Fire Dance 4-7 pm</p>	<p>22 Freestyle Fridays 3:30-5:30 pm 6-8:30 –Youth Social Space and Between The Lines</p>	<p>23 1:30-3 pm Girls Social/Recreational 3-6 Transformation-Workshop/Snacks 6-8:30Social and Recreational Club</p>
<p>24 2:30- 4:30 Hockey Club</p> <p>4:45-8:30 Social and Recreational Club</p>	<p>25Women's Club 1-3 Yoga at St. James Town Sports and Challengers – 3:30-5:30pm Voicemail 12:30-3:30 Line Dancing 7-9:30 pm</p>	<p>26 Women's Club 1-3 English Conversation Boxing and Cooking – 3:30-5:30pm Jr GEMS -Movie Day First Fire Dance 4-7 pm at The Citadel</p>	<p>27 Women's Club 1-3 pm Parenting Teens Workshops Voicemail 12:30-3:30 Sports and Challengers – 3:30-5:30pm Line Dancing 7-9:30</p>	<p>28 Women's Club 1-3 Tai Chi Boxing and Cooking –3:30-5:30pm Step Up- Video Games/Pizza GEMS – Movie Day First Fire Dance 4-7 pm</p>	<p>29 Freestyle Fridays- 3:30-5:30 pm 6-8:30 –Youth Social Space and Between The Lines</p>	<p>30 1:30-3 Girls Social and Recreational Program 3-6 Transformation-Games/Snacks 6-8:30 Social and Recreational Club</p>

YOUTH PROGRAMS

Workshops on employability, arts leadership, recreation, skill building, and fun!

GEMS Girls Empowered for More Success! Sports, leadership, art and social activities, homework, games, outings and discussion girls contact Franclyn at fclement@tngcs.org or **DROP IN!**

Girls Social and Sport Program Saturdays 1:30-3 ages 13-24 contact Chantelle, Children and Youth Weekend Program Coordinator, ctargette@tngcs.org Or **DROP IN** to register



Co-ed KIDZ Recreation Transformation Club! For 10 to 13 year olds! Saturdays from 3 pm to 6 pm. Come check it out!



For **YOUTH** programming contact Chantelle, Weekend Program Coordinator, ctargette@tngcs.org Or **DROP IN** to register

FIRST FIRE DANCE Juniors (ages 7-12) and Seniors (ages 13-18) program at The Citadel! Tuesday/Thursdays 4 to 7 pm contact Dana akwego@councilfire.ca

Drop In BASKETBALL games and Table Tennis: Saturday and Sunday from 4:30 to 8:30 pm*** when there are no other programs scheduled in the gym or field trips planned.



B2M STEP UP! THURSDAYS 6 to 8 pm with Abdi for ages 10 to 13.



Friday Night Social Space! Check out Friday nights from 6-8:30pm at CNH. Sports, snacks and fun! Start your own Club and make the space your own! Contact Chantelle for more information.



To register your child for a club please contact Michelle Ilios, Manager, Children and Youth Services 416-925-4363 milios@tngcs.org



To register for Tutoring contact **Franny**, Coordinator 416-925-4363 x101, cell 416-797-5043 fclement@tngcs.org

Our **WOMEN'S CLUB** provides language-specific workshops in the Bengali, Tamil, Mandarin, Somali and Swahili engaging the community through workshops on employment, parenting, ending violence, and navigating Canadian systems.

This month we are organizing a celebration for **INTERNATIONAL WOMEN'S DAY on March 9th, 2019.** The **IWD** theme this year is 'Balance For Better', held at CNH. Volunteers and male staff cook and serve breakfast for



women participants starting at 9 am! After breakfast we

will go to the rally together at OISE auditorium, located at 252 Bloor St. West for 11 am and then proceed to the **Women's Day March at 1 pm** that ends with a resource fair at Ryerson University. Contact Safia, Women's Program Coordinator at 416-925-4363 ext.120 or shirsi@tngcs.org

COMMUNITY DEVELOPMENT

Our **Community VOICEMAIL** Project is an alternative way for people to stay connected to their contacts. **Registration:** Mondays and Wednesdays from 12:30 to 3:30 at CNH. Contact: Touhida, Community Development Coordinator at 416-925-4363 ext.103 or tchoudhury@tngcs.org

LINE DANCING FUNDRAISER!!!

Line Dancing Fundraiser!!!

March 1st & 2nd

Come to the line dancing workshop to send a kid to summer camp.

March 1st, Friday night and March 2nd, Saturday All Day

LINE DANCING Toronto Wranglers. Workshop Mondays and Wednesdays 7-9:30 pm the first hour beginner instruction followed by an hour of improver and intermediate level dances along with open dancing. ***Drop-in fee of \$5.00 per class. Doors are only open from 6:45-7:30 pm www.torontowranglers.com

VULNERABLE SENIORS HOUSING PROGRAM

helps those who are 55+ and at-risk of/or homeless to find and secure appropriate and affordable housing. We work one-to-one with clients to identify needs and to determine the appropriate services and support required. We meet wherever most comfortable – in the community, at home or at our office. For more information please Contact our Vulnerable Senior's Program Coordinator, Afroza at 416.925.4363 x 202 or asultana@tngcs.org or Drop In Monday to Friday from 9:30 to 5:30.